

Heal your Indoor Air with Oxygen Rich Plants

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Just because the air outside is polluted like crazy doesn't mean you need to live in a toxic indoor environment. Spend a few bucks or go out cut some branches...but bring some green indoors now!

http://www.alive.com/4239a12a2.php?subject_bread_cramb=630

<http://www.nachi.org/indoorair.htm>

<http://www.ext.vt.edu/departments/envirohort/articles/misc/plntclar.html>

<http://www.montgomerycountymd.gov/content/dep/greenman/cleanairplants.pdf>

Difficulty level: Easy.

Time: Almost none

Cost: Negligible